

ONIONS.—At this time of year, when colds and coughs abound, do not forget that onions are often a better and surer cure than drugs. Indeed, hardly too much can be said in favor of onions as a remedy for colds and coughs; especially for children they are invaluable. They may be cooked and eaten at meal time, or, what is better, eaten raw with a little salt, or cut up in vinegar. A syrup made of them has saved many a child from an attack of croup or lung fever, and where these diseases were fully settled it has gone far toward the speedy cure. To prepare the syrup, slice an onion in a tin basin; pour upon it a teaspoon of molasses, or what is better, honey; add a bit of butter as much as a small hickory nut; set the dish in the oven, and simmer slowly for an hour. Leave one of the oven doors open, so that it shall not be too hot. Onions are one of the most nutritious and wholesome of vegetables, and were it not for the shocking odor they leave upon the breath we should advise everybody to eat them daily. As it is, we can only recommend them in cases of necessity.

HOW I MAKE COFFEE.—The flavor and quality of coffee depends very much on the roasting; we roast ours until it is a very light brown—set it out to cool, and when very near cool, break an egg over it; and stir until all the grains are covered with the egg; set where the egg will dry but not cook; this forms a glazing which retains the strength of the coffee, as well as furnishing sufficient white of egg to clear.

Never grind coffee until ready to make it; have the coffee pot well scalded, turn in the ground coffee and cork the spout; pour in about half as much boiling water as you want for coffee, set where it will simmer, not boil hard, stir frequently for four or five minutes after putting on the boiling water; then fill in as much as is required, never allow the aroma to escape through the stream, if you want a rich flavor and delicious cup.—Ohio Farmer.

THE VIRTUES OF GLYCERINE.—Hall's Journal of Health asserts positively that glycerine is a perfect cure for diphtheria and membranous croup, when applied with a soft camel's hair brush to the interior of the throat. The penetrating properties of the glycerine enable it to separate the granules of which the membranes are formed in both these diseases, and not only destroy them but prevent their further formation. These are two most insidious and terribly fatal diseases, and if this simple and harmless remedy will cure them, it should be generally known. Glycerine is a most valuable medicine, and should be kept in every house. It is a perfect remedy for chapped hands, lips, or other chafed, raw surfaces, curing them by simply applying a small quantity to the part affected.

TO MAKE A POT PIE.—Make your sponge as you would for biscuit, only shorter; when you do it up let it get just light, putting into the batter a little saleratus and salt; when light take it on the board, and cut it in pieces like biscuit, only let them lie and rise without kneading them at all. When the meat is tender there should be enough water to come just over the meat. Season it with salt and pepper, and dissolve flour in cold water, and stir in enough to thicken it well. If the meat is very lean put in butter, and when boiling hot lay the crust in over the surface and shut it up close, allow it to be opened again in half an hour, when it will be ready for the table, as light and nice as sponge.

TO MAKE SOUP.—Beef should be stewed four hours at least over a moderate fire, with a handful of rice and just water enough to keep it covered. An hour before it is done put in two or three common-sized onions, pared and sliced, and a few carrots, if you like; at the same time put in salt to season it well, and half a teaspoonful of pepper. A little lemon-juice will come in well, cut in thin slices; others powdered sage and parsley, or savory, two teaspoonfuls. Stir up two or three eggs with milk and flour, and drop it in with a spoon. This makes a soup look nice; but bread broken in the tureen is preferable, with the soup poured over it. If you have other dishes, this should be the first for the table.

CAMPION CURE FOR CHAPPED HANDS.—The following receipt was given to the writer by a maid of honor to Queen Victoria. It is an excellent one. Scrape into an earthen vessel one ounce and a half of spermaceti and half an ounce of white wax; add six drachms of pounded camphor and four tablespoonfuls of the best olive oil. Let it stand near the fire till it dissolves, stirring it well when liquid. Before the hands are washed, rub thoroughly with a little of the ointment, then wash them as usual. Putting the ointment on before retiring answers very well. This quantity costs about twenty-five cents, and will last three winters. The vessel it is kept in should be covered, to prevent evaporation.

We have recently noticed two sudden deaths from the careless use of a new anodyne, the hydrate of chloral commonly called chloral. Dr. E. H. Clarke, Professor of Materia Medica in Harvard College, writes both in warning and in eulogy of it. He says: "In proper doses and in appropriate cases, the hydrate of chloral is the best hypnotic (falling to sleep) known. There is no danger attending its proper use. But no unskilled person should meddle with it. It is capable of deranging the blood and of producing convulsions and death. Wisely administered, it will do great good and no harm; unwisely administered, it will do great harm and no good."

A RULE FOR TALKERS.—No one who wishes that conversation should be pleasant to his neighbors as well as himself, should speak more than two or three sentences at once. However much he may have to say, it will be all the more agreeable said for giving others the opportunity of assenting, illustrating, qualifying or even contradicting. The ball needs to be returned by the opposite player to make a lively game.

The oldest Quaker meeting-house in So. Massachusetts is located in Uxbridge. It was built in 1776, and is still used for worship. The quarterly meetings of Friends will be held next May.

A little girl asked her brother what was the capital punishment, and he said he thought it was being locked up in the jail cupboard.

TO REMOVE THE TASTE OF NEW WOOD.—A new keg, bucket, churn, or other wooden vessel, will generally communicate a disagreeable taste to anything that is put in it. To prevent this inconvenience, first scald the vessel well with boiling water, letting the water remain till it is cold, then dissolve some perlash or soda in lukewarm water, adding a little lime to it, and wash the inside of the vessel well with this solution. Afterwards scald it well with plain hot water, and rinse it with cold water before using it.

In New Haven the police arrest every boy between the ages of six and sixteen who is found in the streets during school hours, and can not "rise to explain."

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